

2014 CSCCa National Conference Itinerary

Wednesday, May 7th- Friday, May 9th, 2014

WEDNESDAY, MAY 7th

TIME	SESSION A/B	TIME	SESSION C
7:30 - 7:45 am	All SCCC candidates must arrive by 7:40 am with photo ID and test pass for SCCC Written Certification Examination Salt Lake Marriott Downtown Hotel Grand Ballroom		
8:00 - 11:00 am	SCCC Exam - Written Portion Salt Lake Marriott Downtown Hotel Grand Ballroom (A-E)	8:30 - 11:00 am	MSSC Breakfast, Meeting, and Practical Exam Review Sponsor: Hammer Strength/Life Fitness Salt Lake Marriott Downtown Hotel (Deer Valley)
12:45 - 1:00 pm	All candidates for the practical portion of the SCCC Certification Examination must arrive by 12:45 p.m. Salt Lake Marriott Downtown Hotel Grand Ballroom (D)	Afternoon	Hotel check-in begins mid-afternoon as rooms are available Hotel Registration Desk (Hotel Lobby)
1:00 - 5:00 pm	SCCC Exam - Practical Portion Salt Lake Marriott Downtown Hotel Grand Ballroom (E-J)	2:00 - 5:45 pm	Strength of Nutrition: Train Harder and Recover Faster, Hosted by Randy Bird Speakers: Keith Baar, PhD; Rusty Jones, MS; Kim Stein, PhD Hot Topics Panel: Keith Baar, PhD; Rusty Jones, MS; Kim Stein, PhD; Scott Sehnert, RD; Allison Maurer, RD Sponsor: Gatorade Salt Lake Marriott Downtown Hotel (Deer Valley)
5:00 - 6:00 pm	Visit Exhibit Hall		Salt Palace Convention Center Exhibit Hall E
6:00 - 8:00 pm	Exhibitor/Member Coaches Opening Social		Salt Palace Convention Center Exhibit Hall E

THURSDAY, MAY 8th

TIME	SESSION A/B	TIME	SESSION C
	Salt Palace Convention Center		Salt Palace Convention Center
6:30 - 8:00 am	Visit Exhibit Area for Early Bird Workout Salt Palace Convention Center Exhibit Hall E	6:30 - 8:00 am	Breakfast On Your Own
8:00 - 8:30 am	CSCCa Annual Business Meeting Salt Palace Convention Center Grand Ballroom (E-J)	8:00 - 8:30 am	Exhibit Hall Open Salt Palace Convention Center Exhibit Hall E
8:40 - 9:50 am	Session 1a: <i>"Leadership, Team Building, and Motivation,"</i> Mickey Marotti, Assistant AD for Football Sports Performance, The Ohio State University Salt Palace Convention Center Grand Ballroom (E-J)	Session 1b: <i>"Coaches Round Table,"</i> Baylor University Strength & Conditioning Staff Salt Palace Convention Center Grand Ballroom (A-D)	8:40 - 9:50 am Exhibit Hall Open Exhibitor Presentations: *Trayn: Alex Pinter, <i>"Do you Trayn?"</i> (8:30 - 8:50am) (9:00 - 9:20 am) *TTIN Tech: Patrick Whaley, <i>"HyperGravity Training: Maximizing your Potential!"</i> Salt Palace Convention Center Exhibit Hall E
10:00-11:00 am	Session 2a: <i>"Health and Safety: The Rigors & Demands of Sport Play: Concussions,"</i> Greg Pyszczyński, Head Strength & Conditioning Coach for Football, University at Buffalo Salt Palace Convention Center Grand Ballroom (E-J)	10:00 - 11:00 am	Exhibit Hall Open Salt Palace Convention Center Exhibit Hall E
11:00am - 12:00 pm	Omelet Brunch in Exhibit Area Salt Palace Convention Center Exhibit Hall E	11:00 - 12:00pm	Exhibit Hall Open Salt Palace Convention Center Exhibit Hall E
12:00 - 1:00 pm	Visit Exhibit Area Salt Palace Convention Center Exhibit Hall E	12:00 - 1:00 pm	Exhibit Hall Open Salt Palace Convention Center Exhibit Hall E
1:00 - 2:05 pm	Session 3a: <i>"Screening for Potential Injury: Science and Opinion,"</i> Dr. Eric Hegedus, High Point University Salt Palace Convention Center Grand Ballroom (E-J)	Session 3b: <i>"Then and Now: The Evolution of the Strength Coach Profession,"</i> Al Vermeil, former Head S&C Coach for Chicago Bulls and San Francisco 49ers, and Jeff Macy, Director of Sports Performance, Oregon State University Sponsor: Gatorade Salt Palace Convention Center Grand Ballroom (A-D)	1:00 - 2:05 pm Exhibit Hall Open Exhibitor Presentations: *Neogenesis: Tricia Griffin, <i>"The Real Benefits of Beets, How to get the Clean Advantage- the easy way!"</i> (1:00 - 1:20 pm) (1:30 - 1:50 pm) *Push Design Solutions, Inc: Matt Kuzdub, <i>"The Sports Science Lab of the Future: Personal, Mobile, Visual, Instant"</i> Salt Palace Convention Center Exhibit Hall E
2:15- 3:20 pm	Session 4a: <i>"A Spartan Perspective: Insights on Training, Coaching, and Mentoring,"</i> Ken Mannie, Head Strength & Conditioning Coach, Michigan State University Salt Palace Convention Center Grand Ballroom (E-J)	Session 4b: <i>"The Use of Heart Rate Training & Technology to Manage Training Volume and Recovery,"</i> David DiFabio Sponsor: Polar Electro Salt Palace Convention Center Grand Ballroom (A-D)	2:15- 3:20 pm Exhibit Hall Open Exhibitor Presentations: *The Tug: Steve Zabel, <i>"The Tug and Water Slog-Strengthening, Conditioning, Creating Competition, and Building Team Spirit"</i> (2:00 - 2:20 pm) (2:30 - 2:50 pm) (3:00 - 3:20 pm) *Total Strength and Speed: David Abernethy, <i>"Tsunami Bar® Flexible Barbell Products"</i> *Come Ready Nutrition: Pat Cavanaugh, <i>"Strong Mind. Strong Body. Come Ready Mental Conditioning"</i> Salt Palace Convention Center Exhibit Hall E
3:30 - 4:30 pm	Session 5a: <i>"University of Michigan Off-Season Strength Program,"</i> Aaron Wellman, Director of Strength & Conditioning, University of Michigan Salt Palace Convention Center Grand Ballroom (E-J)	Session 5b: <i>"Achieving Excellence in Collegiate Strength and Conditioning,"</i> Hosted by NCAA Leadership Development & NCAA Sport Science Institute Salt Palace Convention Center Grand Ballroom (A-D)	3:30 - 4:30 pm Exhibit Hall Open Exhibitor Presentations: *GPSports: Rod Lindsell, <i>"Using Player Tracking Information to Maximize Team Performance"</i> (3:30 - 3:50 pm) Salt Palace Convention Center Exhibit Hall E
4:40 - 5:45 pm	Session 6a: <i>"CHAOS Sport-Speed Training,"</i> Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons Sponsor: Perform Better Salt Palace Convention Center Grand Ballroom (E-J)	Session 6b: <i>"Barbell Lifts in the Prediction of Short-Term Power Tasks,"</i> Charles Poliquin, Founder of the Poliquin Strength Institute Sponsor: Eleiko Salt Palace Convention Center Grand Ballroom (A-D)	4:40 - 5:45 pm Exhibit Hall Closes at 5:00 pm Salt Palace Convention Center Exhibit Hall E
7:30 - 9:30 pm	MSCC Dinner and Ceremony Salt Lake Marriott Downtown Grand Ballroom		

FRIDAY, MAY 9th				
TIME	SESSION A/B		TIME	SESSION C
	Salt Palace Convention Center			Salt Palace Convention Center
7:15 - 8:50 am	Female Strength & Conditioning Coaches' Breakfast Salt Lake Marriott Downtown Grand Ballroom (A-D)		6:30 - 8:00 am	Visit Exhibit Area for Early Bird Workout Breakfast On Your Own
			8:00 - 8:50 am	Special Presentation: <i>"What I Have Learned Over 50+ Years from the Great Minds and from Training Thousands of Athletes,"</i> Al Vermeil, Legend in the Field of Strength & Conditioning Sponsor: Perform Better Salt Palace Convention Center Exhibit Hall E
9:00 - 10:20 am	Session 7a: <i>"Taking our Profession to the Next Level,"</i> Pat Ivey, Assistant Athletic Director for Athletic Performance, University of Missouri Salt Palace Convention Center Grand Ballroom (E-J)	Session 7b: <i>"Kettlebell Basics: The Swing, Clean-N-Press, and The Snatch,"</i> Ethan Reeve, Strength & Conditioning Coordinator, Wake Forest University; <i>"How to Teach the Power Clean,"</i> Tom Cross, Mid-America Nazarene University Salt Palace Convention Center Grand Ballroom (A-D)	9:00 - 10:20 am	Exhibit Hall Open
			(9:00-9:20 am)	Exhibitor Presentations: *Trayn: Alex Pinter, "Do you Trayn?"
			(9:30-9:50 am)	*CrossCore: Robb Rogers, <i>"Implementing Rotational Bodyweight Training into your Conditionine Proeram"</i>
				Salt Palace Convention Center Exhibit Hall E
10:30 - 11:30 am	Session 8a: <i>"Coaches Panel,"</i> Moderated by Greg Werner, Director of Strength & Conditioning, James Madison University Anne Tamporello, Baylor University Scott Bennett, Radford University Ron McKeefrey, Eastern Michigan State Dave Forman, University of Colorado Teena Murray, University of Louisville Noel Durfey, Duke University Salt Palace Convention Center Grand Ballroom (E-J)	Session 8b: <i>"The Art of Coaching,"</i> Sarah Cahill, Strength & Conditioning Coach, USA Women's Ice Hockey Salt Palace Convention Center Grand Ballroom (A-D)	10:30 - 11:30 am	Exhibit Hall Open
11:40am - 12:30 pm	Session 9a: <i>"Strength & Conditioning for Basketball,"</i> Charles Stephenson, Basketball Strength Coach, University of Utah Salt Palace Convention Center Grand Ballroom (E-J)	Session 9b: <i>"Integrating Nutrition Into Sports Performance,"</i> Ryan Davis, Samford University Salt Palace Convention Center Grand Ballroom (A-D)	11:40 - 12:30 pm	Exhibit Hall Open
12:40-1:30 pm	Session 10a: <i>"Rotational Bodyweight Training: Its Impact on Sports Performance,"</i> Robb Rogers, Owner of Performance Fitness and Trainer of Special Forces for US Military Sponsor: CrossCore USA Salt Palace Convention Center Grand Ballroom (E-J)	Session 10b: <i>"The Head, Heart, and Hands of Mentoring,"</i> Donnie Maib, Head Coach of Olympic Sports, and Sandy Abney, Head Strength & Conditioning Coach, University of Texas Salt Palace Convention Center Grand Ballroom (A-D)	12:40-1:30 pm	Exhibit Hall Open
1:30pm	Conference Adjourned			
2:00 - 4:30 pm	University of Utah Strength & Conditioning Facility On-Site Visit (Buses load at South end of Salt Palace Convention Center)			