

FURMAN FOOTBALL IRON HORSEMEN STRENGTH AND CONDITIONING CLINIC

MONDAY, MARCH 13TH, 2017 PEARCE HORTON FOOTBALL COMPLEX AT FURMAN UNIVERSITY

COST: \$40.00

RSVP BY EMAIL:

DAVID.ABERNETHY@FURMAN.EDU

OR

RSVP BY MAIL:

ATTN. DAVID ABERNETHY

3300 POINSETT HWY

GREENVILLE, SC 29613

MAKE CHECKS/MONEY ORDERS PAYABLE TO:

FURMAN/IRONHORSEMEN CLUB

NAME: _____

SCHOOL: _____

EMAIL: _____

ADDRESS: _____

PHONE: _____



CLINIC SCHEDULE

7:15AM - REGISTRATION

8:00AM - CLAY HENDRIX INTRO (HEAD COACH - FURMAN UNIVERSITY)

8:15AM - ADAM SMOTHERMAN (ASSISTANT STRENGTH COACH - CLEMSON UNIVERSITY)

9:15AM - BEN SOWDERS (ASSISTANT STRENGTH COACH - GA. TECH UNIVERSITY)

10:15AM - GEORGE QUARLES (FASTEST COACH TO REACH 200 WINS- FURMAN UNIVERSITY)

11:15AM - SAM WYCHE (LEGENDARY NFL COACH)

12:00PM - LUNCH (HENRY'S SMOKEHOUSE) DRAWING FOR THE CHANCE TO WIN A TSUNAMI BAR

1:00PM - NFL PRO TIMING DAY REGISTRATION

4:00PM - FURMAN FOOTBALL PRACTICE

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MATRIX