

A ROUND TABLE DISCUSSION ON  
THE CARES & CONCERNS OF THE  
YOUNG STRENGTH &  
CONDITIONING COACH

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FINANCE

- BUDGETING
- DEBT MANAGEMENT
- SAVINGS & INVESTING
- HOME BUYING

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CAREER TRACKING

- BREAKING IN – WAR OF ATTRITION
- ADVANCING – GROWTH GAUGE & SEPARATION
- RETIREMENT? PLAN B?

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**BALANCING PERSONAL LIFE**

- RELATIONSHIPS/MARRIAGE/CHILDREN
- HOBBIES
- FREE TIME?

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**THE ART OF COACHING**

- SERVANT LEADERSHIP
- BUILDING RELATIONSHIPS
- THE PERSON BEHIND THE JERSEY

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**LEADING A DEPARTMENT**

- CASTING A VISION
- CORE VALUES
- 3-PART MISSION
- BEING A MENTOR LEADER
- MAKING IT BIG TIME WHERE YOU'RE AT

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**NETWORKING DO'S & DON'TS**

- CASTING A VISION
- MENTOR LEADER
- MAKING IT BIG TIME WHERE YOU'RE AT

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**MANAGERIAL**

- COMMUNICATION WITHIN ATHLETICS
- COMMUNICATION WITH UPPER ADMIN
- BUDGETING A DEPARTMENT
- HIRING A STAFF
- FUNDRAISING

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