

# A ROUND TABLE DISCUSSION ON THE CARES & CONCERNS OF THE YOUNG STRENGTH & CONDITIONING COACH

MODERATED BY:

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# FINANCE

- BUDGETING
- DEBT MANAGEMENT
- SAVINGS & INVESTING
- HOME BUYING

# CAREER TRACKING

- BREAKING IN – WAR OF ATTRITION
- ADVANCING – GROWTH GAUGE & SEPARATION
- RETIREMENT? PLAN B?

# BALANCING PERSONAL LIFE

- RELATIONSHIPS/MARRIAGE/CHILDREN
- HOBBIES
- FREE TIME?

# THE ART OF COACHING

- SERVANT LEADERSHIP
- BUILDING RELATIONSHIPS
- THE PERSON BEHIND THE JERSEY

# LEADING A DEPARTMENT

- CASTING A VISION
- CORE VALUES
- 3-PART MISSION
- BEING A MENTOR LEADER
- MAKING IT BIG TIME WHERE YOU'RE AT

# NETWORKING DO'S & DON'TS

- CASTING A VISION
- MENTOR LEADER
- MAKING IT BIG TIME WHERE YOU'RE AT

# MANAGERIAL

- COMMUNICATION WITHIN ATHLETICS
- COMMUNICATION WITH UPPER ADMIN
- BUDGETING A DEPARTMENT
- HIRING A STAFF
- FUNDRAISING