

2020 CSCCa National Conference Itinerary

Wednesday, May 6th- Friday, May 8th, 2020

WEDNESDAY, MAY 6th

CORONADO SPRINGS CONVENTION CENTER

TIME	SESSION A	TIME	SESSION B
7:00am - 10:00am Check in begins at 6:45am	MSCC Meeting and Practical Exam Administration Review (Check-in begins at 6:45am at the south registration desk) Refreshments provided: Coffee and Bagels Coronado Hall		
10:15am - 11:15am	MSCC Brunch (for Practical Exam Administrators Only) Monterrey 1-3		
11:00am - 11:30am	Practical Exam Check-in: All candidates must arrive by 11:20am Yucatan	Afternoon	Hotel check-in begins mid-afternoon as rooms are available Coronado Hall
11:45am - 4:00pm	SCCC Exam - Practical Portion Fiesta Ballroom	1:00pm - 4:00pm Coronado Hall	Free Pre-Conference Symposium: Fueled by Gatorade
4:00pm - 5:00pm	Exhibit Hall Opens at 4:00pm Veracruz Exhibit Hall		
5:00pm - 6:30pm	Exhibitor/Member Coaches Opening Social Veracruz Exhibit Hall		
6:30pm - 7:30pm	Exhibit Hall Open (Hall Closes at 7:30pm) Veracruz Exhibit Hall		

THURSDAY, MAY 7th				
CORONADO SPRINGS CONVENTION CENTER				
TIME	SESSION A	TIME	SESSION B	EXHIBIT HALL
6:30am - 8:00am	Breakfast on Your Own	6:30am - 8:00am	VISIT EXHIBIT AREA FOR EARLY BIRD WORKOUT	Veracruz Exhibit Hall
8:00am - 9:00am	Session 1a: "High Performance at Any Level - Basketball," Cory Schlesinger , Head Strength and Conditioning Coach, Phoenix Suns	8:00am - 9:00am	Session 1b: "University of Georgia Football Strength and Conditioning," Scott Sinclair , MSCC, University of Georgia	Exhibit Hall Open
	Fiesta Ballroom		Coronado A-H	Veracruz Exhibit Hall
9:10am - 9:40am	2020 CSCCa National Conference Welcome & Conference Kick-Off	9:10am - 9:40am	NO SESSION	Exhibit Hall Open
	Fiesta Ballroom		Coronado A-H	
9:50am - 10:50am	Session 2a: "Assessing and Cultivating Athleticism through Bodyweight Training Methods," Joel Smith , Founder of Just Fly Sports, Assistant Athletic Performance Coach, UC Berkeley	9:50am - 10:50am	Session 2b: "Technique of Olympic Lifts and How It Transfers to Athleticism and Sport," Mike Gattone and Pyrros Dimas , USA Weightlifting	
	Fiesta Ballroom		Coronado A-H	Veracruz Exhibit Hall
10:50am - 12:30pm	BRUNCH IN EXHIBIT AREA			
				Veracruz Exhibit Hall
12:30pm - 2:30pm	Session 3a: "A System of Periodization as Adapted for the American Strength Coach," Al Miller, Robert Panariello, Johnny Parker , Legends in the Field		NO SESSION	Exhibit Hall Open
	Fiesta Ballroom		Coronado A-H	Veracruz Exhibit Hall
2:40pm - 3:40pm	Session 4a: Health and Safety Presentation "Living Inside the Boundaries," Don Decker and Dominic Moreno , New Mexico State University		NO SESSION	Exhibit Hall Open
	Fiesta Ballroom		Coronado A-H	Exhibit Hall Closes at 3:30pm
3:50pm - 5:00pm	Session 5a: "Need for Speed: Practical Solutions for Testing, Teaching and Training Linear Speed," Lance Walker , PT, MS, CNDS; Executive Vice President and Global Performance Director, Michael Johnson Performance		NO SESSION	Veracruz Exhibit Hall
	Sponsored by Perform Better Fiesta Ballroom		Coronado A-H	
6:15pm - 7:15pm	MSCC Reception Hosted and Sponsored by Gatorade (Business Casual Attire)			
	Coronado Prefunction Area			
7:30pm - 9:30pm	MSCC Dinner & Ceremony Sponsored by Gatorade (Business Casual Attire)			
	Coronado A-H			

FRIDAY, MAY 8th

CORONADO SPRINGS CONVENTION CENTER

TIME	SESSION A	TIME	SESSION B	EXHIBIT HALL
6:30am - 8:00am	Breakfast on Your Own	6:30am - 8:00am	VISIT EXHIBIT AREA FOR EARLY BIRD WORKOUT	Veracruz Exhibit Hall
		6:30am - 7:50am	Female Strength & Conditioning Coaches' Breakfast and Meeting Sponsored by Gatorade Fiesta Ballroom 5	Exhibit Hall Open
8:00am - 8:50am	Session 6a: "Coach vs. Difference Maker," Lewis Caralla , SCCC, Georgia Tech University Coronado A-H	8:00am - 8:50am	Session 6b: Roundtable Discussion- "The Cares and Concerns of the Female S&C Coach," Jeanne Rankin , SCCC, Eastern Connecticut State University (All are welcome to attend) Fiesta Ballroom 6	Veracruz Exhibit Hall
9:00am - 10:00am	Session 7a: "Everything You Need to Know to Safely Train Your Athletes," Brent Feland , MSPT, PhD; Associate Professor, Exercise Science Department, Brigham Young University Coronado A-H	9:00am - 10:00 am	Session 7b: Roundtable Discussion- "The Cares and Concerns of the Small College S&C Professional," Steve Hartman , SCCC, Bellarmine University Fiesta Ballroom 6	Exhibit Hall Open Bingo Activity Drawing for Exhibitor Provided Prizes 10:00am Veracruz Exhibit Hall
10:10am - 11:10am	Session 8a: "The Nervous System: What Do You Really Need to Know?" Sue Falsone , PT, MS, SCS, ATC, CSCS, COMT, RYT; Owner of Falsone Consulting; Associate Professor, Arizona School of Health Sciences, A.T. Still University of Osteopathic Medicine Sponsored by Perform Better Coronado A-H	10:10am - 11:10am	Session 8b: Roundtable Discussion- "The Cares and Concerns of the Young Strength and Conditioning Coach," JuanCarlos Perez , SCCC, Appalachian State University Fiesta Ballroom 6	Exhibit Hall Open Exhibit Hall Closes at 10:30am Veracruz Exhibit Hall
11:20am - 12:20pm	Session 9a: "Communication, Collaboration, Cooperation - Helping the Process of Creating a Winning Coach-Coach Relationship," Corliss Fingers , MSCC, Bethune-Cookman University Coronado A-H	11:20am - 12:20pm	Session 9b: Roundtable Discussion- "Olympic Sports Strength & Conditioning": Track & Field: Chris Ruf, MSCC, Baylor University Softball: Melissa Schmitz, SCCC, University of Texas at Austin Baseball: Gunnar Cederberg, Assistant Director of Athletic Performance, University of Alabama at Birmingham Soccer: Chris DeSanto, SCCC, Lincoln Memorial University Fiesta Ballroom 6	Exhibit Hall Closed
12:30pm - 1:30pm	Session 10a: "Sharpening the Mental Edge: The Use of Sport Psychology Techniques in Strength and Conditioning," Adam Feit , SCCC, Springfield College Coronado A-H	12:30am - 1:30pm	NO SESSION Fiesta Ballroom 6	Veracruz Exhibit Hall
1:30pm	Conference Adjourned			