

## **SAVE THE DATE**

# 3<sup>nd</sup> Annual SCHSSCA Strength and Conditioning Clinic

Where: Dorman High SchoolWhen: December 12, 2017Time: 12:00-1:00 Registration

1:00pm to 6:00pm (Barbeque Dinner provided by FCA at conclusion of clinic)

**Cost:** \$50 pre-registration/\$60 day of clinic

Make Checks payable to SCHSSCA Contact Info

Mail Checks to: Eric Cash: cashen@spart6.org

Eric Cash\_\_\_\_

1050 Cavalier Way Roebuck, SC, 29376

## Speaker Line Up

#### **Tony Decker**

Director of Speed, Strength and Conditioning Coastal Carolina

#### Allan Johnson

Football Strength and Conditioning **East Tennessee State University** 

#### **Liane Blyn**

Director of Olympic Sports Powerlifting World Record Holder

## Appalachian State Jeff Connors

Assistant Athletics Director/Strength
And Conditioning

**East Carolina University** 

# **DEMOS-ALL SPEAKERS**

# SPONSORED BY:

Jimmy Anderson: andersoni@spart6.org











