

# CSCCa

## Code of Conduct

### PREFACE

The principles of the Collegiate Strength and Conditioning Coaches association (CSCCa) are intended to establish and maintain high standards and professionalism for strength and conditioning coaches of collegiate and professional athletic teams. This is to ensure the health, safety, and welfare of student athletes through the development and implementation of safe and effective strength, speed, and conditioning training programs. The Code of Conduct established by the CSCCa is not a law, but rather standards by which CSCCa members may determine the propriety of his/her conduct. In order to fulfill the established mission of the CSCCa, it is vital that CSCCa members conduct themselves in a professional and conscientious manner:

*As an organization of distinction, consisting of the world's leading strength & conditioning professionals, we promote education, unity, and respect for all strength and conditioning coaches of collegiate and professional athletic programs by establishing standards of excellence for coaches that teach athletes how to maximize athletic performance through safe and effective exercise prescription and by certifying coaches that meet those standards.*

### CODE OF CONDUCT

The CSCCa Code of Conduct establishes the minimum standards of acceptable behavior for the membership, SCCC and MSCC certificants, Board of Directors members, Certification Commissioners, officers, and members of every CSCCa committee. Members, certificants, and affiliates of the CSCCa are committed to the highest standards of conduct. As advocates for athletes' health and performance, all CSCCa members and certificants assume an obligation to train, treat, and support athletes with the highest ethical standards following established and recognized "Best Practices" guidelines. Avoiding inappropriate training of athletes as well as the appearance of inappropriate training is of the utmost importance. Please be aware that these standards are generally written and do not address every situation regarding the strength and conditioning professional.

Members and certificants shall:

1. Maintain proper certification and credentials.
2. Conduct all dealings on behalf of CSCCa in a manner that will promote the goals and objectives of CSCCa and enhance its reputation.
3. Exhibit integrity, openness, fairness, professional competency, and loyalty in relationships with the CSCCa and with each other.
4. Comply and adhere to all state, local, and federal laws.
5. Comply and adhere to all institutional policy and procedures (collegiate or professional franchise--NCAA, NBA, NFL, MLB, etc.)
6. Treat and train every athlete with the utmost care and to the highest level of professional competence, not discriminating on the basis of race, color, sex, age, religion, or national origin.

7. Train athletes only as their medical conditions warrant, maintaining confidentiality of the athlete's personal medical information.
8. Acknowledge awareness of international doping control standards as determined by the List of Prohibited Substances and Methods published by the World Anti-Doping Program or by the relevant Anti-Doping Authority.
9. Not advise, aid, or abet any athlete to use prohibited substances or methods of doping.
10. Not engage in any behavior or form of conduct that adversely reflects on the CSCCa, institution, or individual.

CSCCa members, Board of Directors, Certification Commissioners, officers, and members of every CSCCa committee agree that departure from the above standards may result in sanctions by the CSCCa and that they will adhere to any such sanctions. SCCC and MSCC certificants agree that departure from the above code of conduct may result in investigation and sanctions by the CSCCa Certification Commission under the Certification Commission's Disciplinary Policy.

I, \_\_\_\_\_, agree to comply with the CSCCa Code of Conduct as stated above.

Full Name \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_