

2021 CSCCa National Conference Itinerary

Wednesday, May 5th - Friday, May 7th, 2021

WEDNESDAY, MAY 5th

Fort Worth Convention Center & Fort Worth Omni Hotel

TIME	SESSION A	TIME	SESSION B
7:00 - 9:00am	MSCC Breakfast and Practical Exam Administration Review <p style="text-align: right;">Omni Hotel-- Fort Worth Ballroom 1-4</p>		
8:30 - 9:00am	SCCC Exam Check-in Group 1: All candidates for the practical portion of the SCCC Certification Examination must arrive by 8:30 a.m. <p style="text-align: right;">Omni Hotel-- Fort Worth Ballroom 4</p>		
11:30am - 12:00pm	SCCC Exam Check-in Group 2: All candidates for the practical portion of the SCCC Certification Examination must arrive by 11:30 a.m. <p style="text-align: right;">Omni Hotel-- Fort Worth Ballroom 4</p>		
9:15am - 2:45pm	SCCC Exam - Practical Portion <p style="text-align: right;">Omni Hotel-- Texas Ballroom</p>	3:00 - 4:30pm	Gatorade Pre-Conference Clinic: "Encouraging Positive Athlete Dietary Decisions and Driving Lifestyle Change" <ul style="list-style-type: none"> • <i>The Effect of Sleep Restriction on Protein Synthesis</i> - Stuart Phillips, Ph.D., FCAHS, FACSM, Professor and Tier 1 Canada Research Chair, McMaster University • <i>Tailoring Protein Recommendations for Athletes with Unique Dietary Needs</i> - Jennifer Brunelli, MS, RD, LDN, Sports Dietitian/Nutritionist and Owner, Sports RDpro LLC • <i>Getting Athletes to Follow Dietary Guidance</i> - Samantha Partida, MS, RD, CSSD, LD, Assistant Sports Dietitian, University of Texas <p style="text-align: right;">Convention Center Ballroom A</p>
5:00pm	Exhibit Hall Opens <p style="text-align: right;">Convention Center Exhibit Hall A-C</p>		
5:30 - 7:00pm	Exhibitor/Coaches Opening Social <p style="text-align: right;">Convention Center Exhibit Hall A-C</p>		
7:30pm	Exhibit Hall Closes <p style="text-align: right;">Convention Center Exhibit Hall A-C</p>		

THURSDAY, MAY 6th

Fort Worth Convention Center & Fort Worth Omni Hotel

TIME	SESSION A	TIME	SESSION B	TIME	EXHIBIT HALL
6:30 - 7:50am	VISIT EXHIBIT AREA FOR EARLY BIRD WORKOUT				
					Convention Center Exhibit Hall A-C
8:00 - 9:00am	Session 1a: "Diversity and Adaptation," Pat Ivey , MSCC, University of Louisville Convention Center Ballroom B-C	8:00 - 9:00am	Session 1b: "Coach to Coach: 15 Lessons To Build Winning Teams," Martin Rooney , MHS, PT, CSCS Convention Center Ballroom A	8:00 - 9:00am	Exhibit Hall Open Exhibit Hall A-C
9:10 - 9:40am	2021 CSCCa National Conference Welcome & Announcements Convention Center Ballroom B-C	9:10 - 9:40 am	NO SESSION Convention Center Ballroom A	9:00 - 9:40am	Exhibit Hall Open Exhibit Hall A-C
9:50 - 11:00am	Session 2a: "10 Career Lessons of a Veteran Strength Coach," Joe Kenn , MSCC Sponsored by Dynamic Fitness and Strength Convention Center Ballroom B-C	9:50 - 11:00 am	Session 2b: "The Conjugate Method and Pitchers," Donald Day , SCCC, University of Arizona Convention Center Ballroom A	9:50 - 11:00am	Exhibit Hall Open Exhibit Hall A-C
11:00am - 12:30pm	BRUNCH IN EXHIBIT AREA				
					Exhibit Hall A-C
12:30 - 2:40pm	Session 3a: "A System of Periodization as Adapted for the American Strength Coach," Al Miller, Robert Panariello, Johnny Parker , Legends in the Field Convention Center Ballroom A-C			12:30 - 2:40pm	Exhibit Hall Open Exhibit Hall A-C
2:50 - 3:45pm	Session 4a: "Impact of the COVID-19 Pandemic on Intercollegiate Athletics," Ron Courson , ATC, PT, NRAEMT, CSCS, Head Athletic Trainer, University of Georgia Convention Center Ballroom A-C			2:50 - 3:45pm	Exhibit Hall Open Exhibit Hall A-C
3:55-5:10pm	Session 5a: "The 7 Movement Patterns All Athletes Must Master," Lee Taft , Owner of Lee Taft Athletic Consulting Sponsored by Perform Better Convention Center Ballroom A-C			3:55-5:10pm	Exhibit Hall Closes at 5:00 pm Exhibit Hall A-C
7:00 - 9:00pm	MSCC DINNER & CEREMONY				
					Sponsored by Gatorade Omni Hotel--Texas Ballroom

FRIDAY, MAY 7th

Fort Worth Convention Center

TIME	SESSION A	TIME	SESSION B	SESSION C
6:30 - 8:00am	Breakfast on Your Own	6:30 - 8:00am	VISIT EXHIBIT AREA FOR EARLY BIRD WORKOUT Exhibit Hall Open Until 10:30am	
		6:45 - 7:50am	Female Strength & Conditioning Coaches' Breakfast and Meeting Sponsored by Gatorade Convention Center Room 202	
8:00 - 8:50am	Session 6a: "Strategic Periodization: A Framework for Increasing Team Sport Performance," Ernie Rimer , PhD, University of Utah Convention Center Ballroom B-C	8:00 - 8:50am	NO SESSION Convention Center Room 202 A	NO SESSION Convention Center Room 202 B
9:00 - 10:00am	Session 7a: "Administration is NOT a 14 Letter Curse Word," Debbie Garcia , Executive Senior Associate AD for Academics, Compliance, and Student-Athlete Welfare / SWA, University of Texas Arlington Convention Center Ballroom B-C	9:00-10:00 am	Session 3b: A Roundtable Discussion on the Cares and Concerns of the Small College S&C Professional, Moderated by Nate Moe , MSCC, South Dakota State University, and Andy Gillham , PhD, Owner of Ludus Consulting Convention Center Room 202 A	Session 1c: Football Roundtable, Moderated by Rod Cole , MSCC, and Stephanie Sharpe , SCCC, Tarleton State University Convention Center Room 202 B
10:10 - 11:10am	Session 8a: "Physical Preparation in Professional Baseball: Training Strategies and Load Management," Patrick Trainor , Tampa Bay Rays Sponsored by Firstbeat Convention Center Ballroom B-C	10:10-11:10 am	Session 4b: Olympic Sports Roundtable Moderators: *Volleyball: Gunnar Cederberg , University of Alabama Birmingham *Track & Field: Chris Ruf , MSCC, Baylor University *Soccer: Chris DeSanto , SCCC, Lincoln Memorial University *Softball: Melissa Schmitz , SCCC, University of Texas at Austin Convention Center Room 202 A	Session 2c: Basketball Roundtable, Moderated by Mike Cotterman , MSCC, University of Wyoming Convention Center Room 202 B
11:20am-12:20pm	Session 9a: "Technique of Olympic Lifts & How It Transfers to Athleticism and Sport," Mike Gattone & Pyrros Dimas , USA Weightlifting Sponsored by USA Weightlifting Convention Center Ballroom B-C	11:20-12:20 pm	Session 5b: A Roundtable Discussion on the Cares and Concerns of the Young Strength and Conditioning Coach, Moderated by Aaron Jung , SCCC, Morningside College Convention Center Room 202 A	Exhibit Hall Closes at 10:30am
12:30 - 1:30pm	Session 10a: "15 Years of International High Performance Sport: Learnings that Apply to the Collegiate Strength & Conditioning Coach," Lance Walker , MS, PT, CNDS, SST, The Michael Johnson Performance Center Sponsored by Perform Better Convention Center Ballroom B-C	12:30-1:30 pm	NO SESSION Convention Center Room 202 A & B	Exhibit Hall A-C
1:30pm	Conference Adjourned			