



# 2025 NATIONAL CONFERENCE

## MONDAY, MAY 5TH

<p>9:00 am - 12 pm</p> <p>1:00 - 7:30 pm</p>	<h3>REGISTRATION OPENS</h3> <p>Registration closed from 12 - 1 pm</p>	<p>CC Concourse 109</p>
<p>7:00 - 9:00 am</p>	<h3>PRACTICAL EXAM ADMINISTRATION REVIEW</h3> <p>MSCC Check-In and Breakfast at 6:45 am MSCCs only</p>	<p>Marriott Hotel Indiana Ballroom A-E</p>
<p>8:30 - 9:00 am</p>	<h3>CHECK-IN PRACTICAL</h3> <p>SCCC Candidates only</p>	<p>Marriott Hotel 2nd Floor Registration Desk</p>
<p>9:15 am - 1:00 pm</p>	<h3>PRACTICAL EXAM</h3> <p>SCCC candidates &amp; invited MSCC only Lunch served immediately following testing - MSCCs ONLY</p>	<p>Marriott Hotel Marriott Ballroom</p>
<p>1:00 - 2:45 pm</p>	<h3>SPEED NETWORKING</h3> <p>This is a pre-registered event for CSCCa Members only Check-in starts at 12:45 at 2nd Floor Registration Desk</p>	<p>Marriott Hotel Marriott Ballroom</p>
<p>3:00 -4:30 pm</p>	<h3>GATORADE PRE-CON</h3> <p>ALL are welcome, please register in Whova</p>	 <p>CC Sagamore 4-5</p>
<p>4:30-5:30 pm</p>	<h3>MSCC POWER HOUR</h3> <p>MSCC status required to attend</p>	 <p>CC Exhibit Hall D-E</p>
<p>5:30 pm</p>	<h3>EXHIBIT HALL OPENS</h3>	
<p>5:30 -7:00 pm</p>	<h3>OPENING COACHES/EXHIBITORS SOCIAL</h3> <p>Food served 5:30-7:00 pm ALL are welcome, please RSVP</p>	<p>CC Exhibit Hall D-E</p>
<p>8:00 pm</p>	<h3>EXHIBIT HALL CLOSED</h3>	

6:30 - 8:00 am	<b>EARLY BIRD WORKOUT</b> CSCCa Swag Giveaway		CC Exhibit Hall C	
6:45- 7:50 am	<b>MINORITY S&amp;C BREAKFAST</b>	<b>PLAE</b>	CC Sagamore Ballroom 1-2	
7:00 am - 4:00 pm	<b>INTERVIEW ROOM AVAILABLE</b> Sign up on the door		CC Room 107-108	
7:30 am - 4:00 pm	<b>REGISTRATION OPEN</b> Last day to check-in		CC Concourse 109	
8:15 - 9:15 am	<b>Leo Totten</b> <u>Improving Athlete Performance via the Olympic Lifts</u> Platinum Sponsor Learning Lab CC Exhibit Hall C	<b>Nick Savage &amp; Scott Brincks</b> <u>Dueling S&amp;C Coaches</u> CC Sagamore Ballroom 4-5	<b>Clare Quebedeaux, Molly Binetti, AJ Whitehead, &amp; Zack Zillner</b> <u>Court Vision: Game-Changing Insights from Leading Basketball Strength Coaches</u> CC Exhibit Hall D-E Center Stage	
9:30 - 10:40 am	<b>Joel Tudman</b> <u>Leadership</u>	<b>KEYNOTE</b>	CC Sagamore Ballroom 4-5	
8:00 am - 5:00 pm	<b>EXHIBIT HALL OPEN</b>		CC Exhibit Hall D-E	
10:50 - 11:30 am	Gift Card Giveaway	<b>TEAM MEETING</b> "Business Meeting"	CC Sagamore Ballroom 4-5	
11:00 - 1:30 pm	<b>BRUNCH</b>		CC Exhibit Hall D-E	
1:40 - 2:40 pm	<b>Cam Josse</b> <u>Of Tanks &amp; Rockets: How Structure Influences Speed &amp; Power</u> Platinum Sponsor Learning Lab CC Exhibit Hall C	<b>Dr. Jen Daily, Jason Dierking, Brett Hayes, Dr. Ernie Rimer, &amp; Dr. Andreas Stamatis</b> <u>Comprehensive Integration: Building a Unified Approach for Collegiate Strength and Conditioning</u> CC Sagamore Ballroom 4-5	<b>Donald Day</b> <u>Chasing Metrics That Matter: Enhancing Baseball Performance Through Force Plate Data</u> CC Sagamore Ballroom 3	
2:50 - 3:50 pm	<b>TBD</b> TBD Platinum Sponsor Learning Lab CC Exhibit Hall C	<b>Sports Science Interest Group Meeting</b> CC Exhibit Hall D-E Center Stage	<b>Judd Lienhard</b> <u>Become Infinitely Adaptable: The Art of Seeing Past the Exercise</u> CC Sagamore Ballroom 4-5	<b>Christina Weidman</b> <u>Powering Performance: Navigating REDs and Eating Disorders with Your Athletes</u> CC Sagamore Ballroom 3
4:00 - 5:00 pm	<b>Mike Tucker</b> <u>Soft Tissue Return to Perform - Field Work</u> Platinum Sponsor Learning Lab CC Exhibit Hall C	<b>Mary Kate Feit</b> <u>Growing the Field: Maximizing the Potential of your Interns</u> CC Sagamore Ballroom 4-5	<b>Bill Burghardt</b> <u>Sport Science: The What, Why, and How</u> CC Sagamore Ballroom 3	
5:15 - 6:00 pm	<b>INDUCTEE PHOTOS</b> 2025 MSCC Inductees Only		Marriott Hotel Indiana Ballroom A-D	
6:00- 6:30 pm	<b>MSCC GROUP PHOTOS</b> MSCCs Only		Marriott Hotel Indiana Ballroom A-D	
7:00 - 9:00 pm	<b>MSCC DINNER &amp; CEREMONY</b> ALL are welcome, please RSVP		Marriott Hotel Marriott Ballroom	
9:00 pm	<b>MSCC RECEPTION</b>		Marriott Hotel Marriott Ballroom Foyer	



# 2025 NATIONAL CONFERENCE

## WEDNESDAY, MAY 7TH

**REGISTRATION CLOSED**  
No registration check-in available

6:00 - 6:40 am

**FCA BREAKFAST**  
Continental Breakfast



CC  
Room 120-124

6:45 - 7:50 am

**FEMALE S&C BREAKFAST**



CC  
Sagamore Ballroom 1-2

8:00 am - 2:00 pm

**INTERVIEW ROOM AVAILABLE**  
Sign up on the door

CC  
Room 107-108

8:15 - 9:15 am

**Molly Binetti**  
Building Champions: Blueprint for Holistic Basketball Development  
CC  
Sagamore Ballroom 4-5

**Mike Rousell**  
Building Their Base - 6 Foundational Nutrition & Lifestyle Keys to An Athlete's Nutrition Plan  
CC  
Sagamore Ballroom 6-7



**Sue Falsone**  
From Rehab to Performance: Integrating S&C and Sports Medicine for Smarter RTP  
**PERFORM BETTER!**  
CC  
Sagamore Ballroom 3

9:25 - 10:35 am

**Ted Lambrinides**  
How to Make Research Your Friend  
**KEYNOTE**

CC  
Sagamore Ballroom 4-5

10:45 - 11:45 am

Tyler Carpenter, Dan Cencer, Kevin Enchelmeyer, Paul Jones, Kyle Pulvermacher, Emaly Vatne, and Matt Vatne  
Strength in Structure: Integrating Sport Science for Peak Performance Across 36 Sports  
CC  
Sagamore Ballroom 4-5

**Tim Suchomel**  
Accentuated eccentric loading and its applications for hypertrophy, strength, and power  
CC  
Sagamore Ballroom 6-7



**Dr. RJ Goubeaux**  
Post-Activation Potentiation: Theory and Application in explosiveness development  
CC  
Sagamore Ballroom 3

11:55 - 12:55 pm

**Evan Simon, Doug Elisaia, Rod Grace**  
Discussing the Profession from 3-Different Vantage Points  
CC  
Sagamore Ballroom 4-5

**Michelle Pifer**  
In Season Planning, Periodization, and Load Management Strategies for Field Hockey Utilizing GPS Technology  
CC  
Sagamore Ballroom 6-7

**Cody Hughes**  
Leverage Velocity Based Training to Incentivize and Profile Performance  
**ROCK DAISY**  
AMS  
CC  
Sagamore Ballroom 3

1:05 - 2:05 pm

**Mackenzie Wenger**  
Supporting the Mental Health of Injured Athletes: The Role of Sport Performance Coaches  
CC  
Sagamore Ballroom 4-5

**Josh Secomb**  
Sport Science Approach to Groin Pain in Athletes: Testing, Monitoring, Managing"  
**ASCA**  
CC  
Sagamore Ballroom 6-7

2:10 pm

**CONFERENCE ADJOURNED**