

Clarification of Positions, which are eligible to serve as CSCCa-Approved Mentors

In order to meet the requirements for acting as a CSCCa-approved mentor, you must meet the following criteria:

Master Strength & Conditioning Coach (MSCC)—All MSCC's who are currently practicing at the collegiate or professional level are approved to act as CSCCa-approved mentors.

Head or Director of Strength & Conditioning or Athletic Performance or a similar title— This individual would oversee all strength and conditioning programs within the college or university's athletic program.

Head or Director of Strength & Conditioning for Football or for Olympic Sports— this individual would oversee the college or university's football strength and conditioning program or oversee all the Olympic sports' strength and conditioning programs.

Note: There is a wide variety of job titles, and this makes it impossible to develop a comprehensive list of specific approved job titles. Job responsibility is what is important.

Assistants are not approved except under extenuating circumstances that must be evaluated on a case-by-case basis. If you have any questions or concerns about this policy and whether or not you qualify as a CSCCa-approved mentor, please call the CSCCa National Office at 801-375-9400.