Clarification of Positions, which are eligible to serve as CSCCa-Approved Mentors

In order to meet the requirements for acting as a CSCCa-approved mentor, you must meet the following criteria:

Master Strength & Conditioning Coach (MSCC)—All MSCC’s who are currently practicing at the collegiate or professional level are approved to act as CSCCa-approved mentors.

Head or Director of Strength & Conditioning or Athletic Performance or a similar title—This individual would oversee all strength and conditioning programs within the college or university’s athletic program.

Head or Director of Strength & Conditioning for Football or for Olympic Sports—this individual would oversee the college or university’s football strength and conditioning program or oversee all the Olympic sports’ strength and conditioning programs.

Note: There is a wide variety of job titles, and this makes it impossible to develop a comprehensive list of specific approved job titles. Job responsibility is what is important.

Assistants are not approved except under extenuating circumstances that must be evaluated on a case-by-case basis. If you have any questions or concerns about this policy and whether or not you qualify as a CSCCa-approved mentor, please call the CSCCa National Office at 801-375-9400.