

## *10 Qualities of a Successful Strength Coach*

- 1. Have a vision; then a plan for everything.*
- 2. Be a student of people. It's a people business.*
- 3. Be Consistent, Honest, and Punctual when dealing with everyone, and every situation.*
- 4. Sell your philosophy to your sport coaches and athletes.*
- 5. Your Loyalty and Integrity are paramount.*
- 6. There is always a way; you just have to find it.*
- 7. The athletes must know you sincerely care about them.*
- 8. Be yourself. Coach within your personality.*
- 9. Continually educate yourself. Nobody knows it all.*
- 10. You must Respect and Love our profession.*

***Rob Oviatt / Montana Football***